



KIDS' YOGA SERIES with Ms. Patti



PARENT'S SPECIAL

Bring in this coupon and save \$10 off the purchase of a Class Pass when you register your child for the Kids' Fall Series. Mixed Level Class is offered at the same time as the Kids' Series - 4:30p on Mondays.

KIDS SERIES COSTS

10CP - \$80
7CP - \$63
Drop in- \$10

Minimum of 6 with 7 class passes to hold series.

SEPTEMBER 20 - NOVEMBER 22
10 WEEK SERIES
4:30-5:30P ON MONDAYS

We know all of our BINDU KIDS love their yoga....

Children who practice yoga learn early on to tune into their bodies and to calm themselves naturally. Yoga strengthens your child and helps him/her become more flexible and coordinated, imaginative and empathetic. What a gift for your child this fall! Sign up today and remember parents, you can take an adult class at the same time your child is taking Yoga at the Bindu!

Visit www.theBindu.com to register.

REGISTER: DEADLINE FOR REGISTRATION IS SEPT 19. NEED MINIMUM OF 6 STUDENTS TO BUY A 7 CLASS PASS TO HOLD SERIES. EITHER CALL THE BINDU (704-237-3635) OR VISIT (WWW.THEBINDU.COM).