

# Meditation & Mindfulness

**Tuesdays 6:30-7:45p**

## The Bindu

11138-C Treynorth Dr  
Cornelius

Sep 13, donations only  
normally \$10, \$8 students



with



Gen Kelsang Tilopa

Vajradhara Buddhist Center  
[meditationcharlotte.org](http://meditationcharlotte.org)

